

Leisure Groups in Pittwater

Have you retired or are you simply looking for something new to fit into your week?

The Pittwater Local Government Area has many activities operating each week for those over 60. Here is a summary of some of the activities on offer:

Art & Craft

Artists & Craftsmen of Pittwater.....	9997 3762
Avalon Active Seniors Art Group.....Mondays	9918 0424
.....Thursdays	9973 4447
Knitters Guild, Northern Group.....	9913 3254
Northern Beaches Creative Leisure & Learning....	9913 1474
Northern Beaches Spinners & Weavers.....	9982 1482

Bowls

Avalon Beach Bowling & Recreation Club.....	9918 3231
Avalon Women's Bowling Club.....	9918 3231
Newport Bowling Club.....	9999 1661
Pittwater RSL Bowls.....	9997 3833
Pittwater RSL Indoor Bowls.....	9997 3833
Narrabeen Seniors Club Indoor Bowls.....	9970 7785

Bridge

Peninsula Bridge Club Inc.....	9970 6527
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Community Restaurants & Luncheon Clubs

Avalon Luncheon Club.....	9970 8399
C.A.F.E. Jacaranda.....	9979 4299
Seniors Luncheon (Avalon, Narrabeen).....	9970 8399

Dance

Avalon Active Seniors Ballroom Dancing.....	0411 355918
Narrabeen Seniors Club Sequence & New Vogue Dancing ..	9982 5096
Seniors Ballroom Dancing (Warriewood).....	9982 4711

Exercise

Lifeball at Warriewood.....	9452 2171
The Wanderers Walking Group for Seniors.....	9999 1870
Avalon Active Seniors Group Walking Group.....	9918 0044
Pittwater Uniting Church Sport & Recreation.....	9997 2386
Northern Beaches Indoor Sports Centre.....	9913 2688
Elanora Squash Centre.....	9913 9003
Narrabeen Seniors Club Table Tennis.....	9913 1078

Garden & Environment Clubs

Mona Vale Garden Club.....	9982 4097 or 9971 7875
Narrabeen Lake Garden Club.....	9999 2233
Coastal Environment Centre.....	9970 1675
Volunteer Bushcare Group.....	9970 1363

General Interest

Adult Education Classes at Manly Warringah Community College, North Narrabeen.....	9970 1000
Avalon Computer Pals for Seniors.....	9973 4161
Computer Pals for Seniors (Northern Beaches)...	9913 1433
Avalon Beach Historical Society.....	9918 2803
Pittwater Library Service Local Studies.....	9970 1600
Pittwater Camera Club.....	9999 3484
Northern Beaches Volunteer Service.....	9931 7777
Avalon Active Seniors Soapbox.....	9918 0044
Peninsula Senior Citizens Toy Repair Group.....	9913 9578
Pittwater RSL Fishing Club.....	9997 3833
Pittwater RSL Senior Daycare.....	9997 3833
Narrabeen Seniors Club Mahjong.....	9913 3793

Leisure Groups in Pittwater

Golf

Avalon Golf Course.....	9918 2606
Palm Beach Golf Club.....	9974 4079
Mona Vale Golf Club.....	9999 4266
Bayview Golf Club.....	9999 3786
Narrabeen Golf Academy & Driving Range.....	9913 7991
Pittwater RSL Golf.....	9997 3833

Libraries

Avalon Community Library.....	9918 3013
Mona Vale Library.....	9970 1600

Music

Narrabeen Seniors Club Music & Song/Swingtimers ...	9918 4275
Peninsula Music Club.....	9938 1545

Service Clubs

Lions Club of Pittwater.....	9997 3833
The Lions Club of Avalon.....	9918 8431
Probus Club of Pittwater.....	9918 8625
Narrabeen Lakes Rotary Club.....	0416 225 226
Narrabeen Lakes Probus Club.....	9997 1669
Rotary Club of Pittwater.....	8005 0320
Avalon RSL.....	9918 2201
Pittwater RSL.....	9997 3833
Palm Beach RSL.....	9974 5566
North Narrabeen RSL.....	9913 8016

Seniors Groups

Avalon Active Seniors Group.....	9918 0044
Narrabeen Seniors Group.....	9913 1078
National Seniors Australia.....	9944 1944
University of the Third Age (U3A).....	9944 7240
Seniors Church.....	9979 7073
(most churches have seniors groups)	

Tennis Clubs

Mona Vale Tennis Club.....	9979 6772
Bayview Tennis Club.....	9997 3333
Careel Bay Tennis Club.....	9918 3353
Elanora Park Tennis Club.....	9913 7614

Pittwater Council Services

Website: www.pittwater.nsw.gov.au

Phone: Customer Service Centre.....9970 1111

View the **Calendar of Events** on the website or call 9970 1181 to join the mailing list for the **Pittwater Art & Culture Calendar**.

Easy Care Gardening Workshops for Seniors...9970 1194
Volunteer Bushcare Group Co-ordinator.....9970 1363

Community Centres:

- * Nelson Heather Centre.....9913 2522
- * Ted Blackwood Youth & Community Centre....9913 2522
- * North Narrabeen Community & Tennis Centre...9913 2522
- * Mona Vale Hall.....9970 1156
- * Avalon Recreation Centre.....9970 1273
- * Newport Recreation Centre.....9970 1156

Pittwater Council also provides the following:

- * **Services & Leisure Guide for Older Residents**
- * **Retirement Housing Guide for Older Residents**
- * **Easy Walks in Pittwater**

These Guides cover the Manly Warringah & Pittwater Local Government areas.

These can be downloaded from the Council's Website:

www.pittwater.nsw.gov.au/Community/older_people