

VOLUNTEERS

Links people who want to be volunteers with appropriate volunteer jobs at the agencies listed in this pamphlet.

NORTHERN BEACHES VOLUNTEER
RECRUITMENT SERVICE 9931 7777

ALLIED HEALTH

Manly Hospital Physiotherapy 9976 9622
Mona Vale Hosp. Re-hab. & Aged
Care Physiotherapy 9998 0582
Mona Vale Hosp. Continenence Adv 9998 0357
Mona Vale Hosp. Occup Therapy 9998 0734

PODIATRY

Mona Vale Hospital Podiatrist 9998 0409
Manly Hospital Podiatrist (Community) 9976 9622
MWP In-Home Podiatry Service 9979 7677

AGED CARE ASSESSMENT TEAM

Assessment, information & support for older people including assessment for aged residential care.

Northern Beaches ACAT (Located at
Mona Vale Hospital) 9998 0356

PLANNING, COMMUNITY DEVELOPMENT, COORDINATION

Manly Council Community
Development Coordinator 9976 1562
Northern Sydney HACC Development
Officer 9415 4855
Northern Sydney NESB Access
Project 8877 5316
Pittwater Council Community
Development Officer 9970 1199
Regional Volunteer Support Worker 9415 4855
Warringah Council Community Worker
Aged Services 9942 2560

INTERPRETERS

Translating & Interpreting Service
(TIS) 24 hrs/7 days 13 14 50

WHAT IS HOME AND COMMUNITY CARE?

If you have a disability or are getting older, you may find that everyday tasks at home can often be difficult. You may even be thinking about moving into a hostel or nursing home.

The Home and Community Care (HACC) Program helps you and the person looking after you, so that you can continue to live at home safely, comfortably and as independently as possible.

AM I ELIGIBLE?

Ring the service which interests you. They will advise you about eligibility.

HOW MUCH DOES IT COST?

Some services are free of charge, while others cost different amounts. Ask about costs when you call.

Home and Community Care is a joint Commonwealth and State funded program.

If you would like any further information contact:
HACC Development Project 9415 4855



*working with people who are aged,
people with disability, carers and services*

Produced by:

Northern Sydney HACC Development Project

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MANLY, WARRINGAH & PITTWATER
LOCAL GOVERNMENT AREAS

HOME & COMMUNITY CARE SERVICES

*for frail aged people and people
with a disability and their carers to
assist where possible in maintaining
independent living in the community*



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

FOOD SERVICES

Delivery of meals from Meals on Wheels provided 7 days.
Centre based meals. Multicultural meal services may be available.

Manly	8966 9925
Northern Beaches Food Services	9970 8399

COMMUNITY TRANSPORT

Individual and group transport including shopping and social outings. Modified vehicles available.

DARTS (Disabled Alternative Road Travel Service)	9777 7840
MWP Community Aid Individual Transport Service	9913 3244
MWP Community Transport	9971 5110
Pittwater Shuttle Service	9983 1611

INFORMATION SERVICES

Information on services available in your area

Northern Beaches Disability Information Service	9942 2686
Northern Beaches Community Advisor	9979 7677
Northern Sydney Commonwealth Carelink Centre	1 800 052 222

GARDENING

Community Assist Lawn Mowing Subsidised Lawn Mowing (CALM)	9488 8390
Northern Beaches Easy Care Gardening	9931 7777

DEMENTIA SERVICES

Armenian Community Welfare Centre Dementia Support	9419 6394
MWP Dementia Carers Respite	9979 7677
MWP Dementia Options	9979 7677
Northern Beaches Dementia Advisor	9979 7677
Ming Shi Chinese Dementia Day	9412 3488

LIVING CONDITION PROGRAM

Supports people living in poor condition

Mercy Community Care	9479 3333
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PERSONAL CARE/DOMESTIC ASSISTANCE

Services may provide housekeeping, personal care, respite care or overnight care (for short periods only).

Home Care Service	1 800 350 792
Kincare	8831 6600
	1300 733 510

Baptist Community Service-Domestic Assistance	9419 4122
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Baptist Community Service-Personal Care	9346 1420
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Northern Sydney Home Assistance (The Benevolent Society)	9975 3174
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Wesley Domestic Assistance	9936 7988
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RESPIRE

Care provided at home, at a day centre or on outings/recreation.

Centacare Flexible Respite (Disability & Frail Aged)	8968 5100
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Baptist Community Service-Disability Respite (5 yrs and over)	9419 4122
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LNS/MWP Respite Service (Frail Aged, Dementia & YPWD)	9979 7677
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MWP Dementia Carers Respite Service	9979 7677
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Northern Beaches Interchange Inc (0-24 yrs)	9970 0500
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Northcott Society Flexible Respite Service	9890 0100
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Sunnyfield Respite (14-65 yrs)	9451 6999
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Wesley Respite	9936 7988
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DAY CENTRE

Care provided at a day centre or on outings/recreation.

Anglicare (Chesalon) North Manly Day Centre	9905 5227
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Anglicare (Chesalon) Pittwater Day Centre	9979 6832
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Anglicare (Chesalon) Frenchs Forest	9452 6343
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Armenian Community Welfare Day Care Centre (Frail Aged)	9419 6394
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Co As It Italian Day Care Centre	9564 0744
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Greek Welfare Centre Day Care (Frail Aged)	9516 2188
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Jacaranda Pittwater Uniting Church Day Care Centre (Frail Aged)	9979 4299
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Parkhill Cottage Day Centre (Frail Aged & Dementia)	9976 9559
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COMMUNITY NURSING

Home nursing available.

Northern Sydney Home Nursing Service Manly	9976 9888
Northern Sydney Home Nursing Service Mona Vale	9998 0555

COMMUNITY OPTIONS

Assessment of needs and co-ordination of services for people with high support needs.

Manly Warringah Pittwater Community & Dementia Options	9979 7677
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CARERS SUPPORT

Individual support, referral information and training for carers.

Northern Beaches Carers Network	9931 7750
Multicultural Carers Support Service	9931 7777
Northern Sydney Commonwealth Carer Respite Centre	1 800 059 059

HOME MODIFICATION SERVICE

Installation, alterations and essential repairs to homes (i.e. safety ramps, rails, doorways, door locks and handheld showers, etc.).

MWP Home Maintenance & Modification	9970 7110
	9913 3244

NEIGHBOUR AID & SOCIAL SUPPORT

A range of support services such as shopping, individual transport and home visiting provided by volunteers.

Anglicare-Chesalon Services	9918 0799
Armenian Community Welfare Centre – Volunteer Visiting	9419 6394
Manly Warringah Pittwater Community Aid Service	9913 3244
Northern Beaches Community Service	9931 7777

EMERGENCY PERSONAL ALARM

Emergency monitoring service 24 hrs, 7 days

Constant Companion	9777 7836
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